

Living Faith-Fully in Daily Life and Work

A spiritual development series
grounded in a Catholic Christian vision

Overall Goals and Objectives

Provide participants an opportunity to step back from their busyness to become more conscious of, and more committed to, living their faith in daily life, especially in their work and community involvement. Draw upon the wisdom of the Scriptures and Church teachings – especially the insights of the Second Vatican Council and its focus upon the fundamental role of the laity in the world.

- Foster an awareness of God's presence, a cooperation with his guidance, and a reliance upon his strength in everyday life.
- Explore ways to strengthen the connections between people's faith and work, faith and community involvement, faith and justice, faith and leadership.
- Assist people, as baptized believers, to better understand, monitor, and develop their inner thoughts and feelings, beliefs and strengths — in order to live with a more Christ-centered sense of meaning and purpose in making the world better.
- Deepen the ability and commitment to offer loving concern, especially to those in greatest need.
- Discover and draw upon the great treasure of Catholic Christian resources and practices which facilitate renewal of mind and heart, body and spirit.
- Establish personal and organizational ways to be more mindful of, and committed to living universal ethical principles, especially a reverence for all of life.
- Learn how to better exemplify and, when appropriate, openly discuss faith with others in the pluralistic workplace and wider community.
- Implement ways to collaborate with other individuals, organizations, and faith communities to bring greater integrity, respect, justice and peace to our world.
- Understand and experience more completely the relevance of the Catholic Christian worldview, wisdom, and practice in daily life and work.

Overview:

This series offers 40 hours of facilitated, interactive, Catholic Christian sessions over a 9 month period (normally September-May) including opening and closing four-hour retreats, and 16 two-hour sessions, usually held twice monthly. Each session will include time for reflection, guided by a participant manual, Scripture, church teachings, and spiritual writings, especially The Spiritual Exercises of St. Ignatius. There will be group dialogue, relationship building, prayer experiences, suggestions for on-the-job and in-the-community applications, and guest speakers who have an expertise on specific topics.