

New Wineskins Mission

Catholic Traditions and Spirituality

(We have facilitated this program in over 70 parishes in northeastern Ohio and across the country.)

Becoming aware of and open to transformation by the Lord's wisdom and love is the foundation of this mission. The heart of this process is the three-evening **NEW WINESKINS** journey which is open to all members of the parish community as well as other people who are seeking to grow.

Each evening will include presentations, personal reflection time, prayer, and song. These sessions will be led by the Heart to Heart mission staff with the support of a parish mission team. Below you will find a brief description of the topics for each session (sessions are typically three consecutive evenings, but this can be adapted).

For further information, including a New Wineskins' packet of materials, please contact Father Norm Douglas, by email, fathernorm@livingfaithatwork.org, or by phone, 330-434-3278.

Session One: Getting Centered in Our Off-Centered World

Our Catholic Roots—Benediction. The focus is on Catholic traditions that emphasize the presence of God in the daily lives of his faithful. Develops awareness of the serenity, wisdom, humility, strength, inspiration, and love that comes with centering our lives on the ongoing, immediate presence of God. Offers examples and suggestions on how to center and re-center ourselves during each day's work.

Session Two: Getting to the Heart and Soul of Living, Loving, and Working

Our Catholic Vocation—Luminous Mysteries of the Rosary. The focus is on our baptismal charge and the vocation of the laity. Attention is drawn to the acts of ordinary life in the life gospels and connecting the incidents to our mission as disciples of Jesus to "Go and make disciples of all nations" (Mt. 28:19). It is about how we can be disciples teaching those around us about Jesus in the course of our daily lives.

Session Three: Liturgy and Life—Strengthening the Connections

Our Catholic Devotion—Stations of the Cross. The focus is on the opportunity for growth inherent in the difficult times of our lives. Attention is given to joining with Jesus in the call to sacrificial love, to dying to oneself and to one's ego issues in order to rise to a better way of living.